



SERENITY in *Samford*

Conference Program 2024

FRIDAY			
17:00	Registrations open		
17:30	DINNER		
18:30	Meeting open: AA and Alanon		
19:00	AA - Step 1 (a) the doctors opinion (b) powerless and unmanageable (c) welcoming the newcomer	AA - Tradition 1 Who cares about the traditions?... What about me?!	Alanon Step 1 & powerlessness
20:00	Sharing - Step 1	Sharing - Tradition 1	
SATURDAY			
7:30	BREAKFAST		
9:00	AA - Step 2 & 3 (a) your own conception of God (b) turning it over, but how? (c) helping others through 1-3	AA - Traditions 2, 4 & 9 Who's in charge around here anyway?	Alanon Step 2 & Tradition 2
10:00	Sharing - Steps 2 & 3	Sharing - Traditions 2, 4 & 9	
10:30	MORNING TEA		
11:00	AA - Step 4 & 5 (a) step 4: unpacked (b) step 5: sponsee to sponsor	AA - Tradition 3 Doing our part to make AA inclusive and safe.	Alateen
12:00			
12:30	LUNCH		
13:30	AA - Step 6 & 7 (a) removing anger (b) fear-the corroding thread (c) removing shame	AA - Traditions 5,6 & 10 Outsiders: maintaining our primary purpose when dealing with others	Alanon Topic: Taking care of ourselves
14:30	AA - Step 8 & 9 When amends don't go to plan	AA - Tradition 7&8 Who we can pay & what we can take	
15:00	AFTERNOON TEA AND RAFFLE		
16:00	AA - Step 10 My daily program	AA - Tradition 12 Anonymity, humility and sobriety	Alanon Topic: Gratitude
18:00	FELLOWSHIP DINNER ... Band and Bonfire to follow		
SUNDAY			
7:30	BREAKFAST		
9:00	AA - Step 11 My conscious contact	AA -Topic Relapse	Alanon Step 12
9:30	AA - Step 12 Sponsorship	AA - Step 12 Service	
10:00	MORNING TEA		
10:30	Meeting close - countdown and reflections		