

TOOWOOMBA OCTOBER RALLY OF ALCOHOLICS ANONYMOUS 2024

WITH AL-ANON & ALATEEN PARTICIPATION



Alcoholics
Anonymous
TOOWOOMBA REGION

RECOVER MORE IN '24

www.toowoombarally.org

AA PROGRAM

FRIDAY 4 th OCTOBER		SATURDAY 5 th OCTOBER		SUNDAY 6 th OCTOBER	
5pm	Registration	7am – 8.30am	Daily Reflections	9am	Breakfast meeting (breakfast available)
7pm	Welcome meeting: Heidi (USA)	9.30am	Sponsorship: How to find one / how to be one	10.30am	Morning tea
		10.30am	Morning tea	11am	My spirituality – not yours
		11am	Speaker meeting: Georgia (USA)	12.30pm	Countdown to Sobriety and Close
		12.30pm	Lunch (own arrangements)		
		2pm	Old Timers meeting - Remember when...		
		3.30pm	Afternoon tea		
		7pm – 11pm	Dinner with AA speaker Mary M (USA) followed by a dance		

AL-ANON PROGRAM

FRIDAY 4 th OCTOBER		SATURDAY 5 th OCTOBER		SUNDAY 6 th OCTOBER	
5pm	Registration				
7pm	Welcome meeting (with AA)			11am	Spiritual Concepts (with AA)
		10.30am	Morning tea	12.30pm	Countdown to Sobriety and Close (with AA)
		11am	Al-Anon's Slogans		
		12.30pm	Optional buffet lunch available for purchase		
		2pm	So You Love an Alcoholic?		
		3.30pm	Afternoon tea		
		4pm	Alateen meeting		

DRAFT V3 JUN 2024