



September 2015

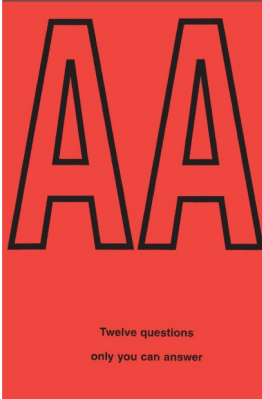
# Alcoholics Anonymous Australia

## Newsletter for Professionals

### AA literature provides answers to most FAQ's

Many professionals are very familiar with the AA website, [www.aa.org.au](http://www.aa.org.au) and use it as a resource for information about AA, time and location of AA meetings and AA helplines. This is often in response to a client presenting with what could be an alcohol problem. Having some AA literature available is also helpful as a "takeaway" item that can either reinforce a message or help galvanise thinking. AA brochures also provide answers to FAQ's that may help your clients identify if they have a problem and suggest a course of action.

Is A.A. for you?



#### Is AA For You

This DL bi fold is one of our most popular, very simple and straightforward it offers 12 scenarios that require a yes or no answer. At the end of the questionnaire, four or more yes answers would indicate that there is probably a problem with alcohol and an invitation to get in contact with their local AA. This brochure would most typically be found in waiting rooms, in brochure racks or in a brochure stand on the front or reception desk.

This is A.A. General Service Conference-approved literature

#### A.A. at a glance

##### What is A.A.?

Alcoholics Anonymous is a voluntary, worldwide fellowship of men and women from all walks of life who meet together to attain and maintain sobriety. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership.

##### Current Membership

It is estimated that there are more than 104,000 groups and over 2,000,000 members in over 180 countries.

##### Relations with Outside Agencies

The Fellowship has adopted a policy of "cooperation but not affiliation" with other organizations concerned with the problem of alcoholism. We have no opinion on issues outside A.A. and neither endorse nor oppose any causes.

##### How A.A. is Supported

Over the years, Alcoholics Anonymous has affirmed and strengthened a tradition of being fully self-supporting and of neither seeking nor accepting contributions from nonmembers. Even within the Fellowship, the amount that may be contributed by any individual member is limited.

##### How A.A. Members Maintain Sobriety

A.A. is a program of total abstinence. Members simply stay away from one drink, one day at a time. Sobriety is maintained through sharing experience, strength and hope at group meetings and through the suggested Twelve Steps for recovery from alcoholism.

Why Alcoholics Anonymous is 'Anonymous'  
Anonymity is the spiritual foundation of A.A. It disciplines the Fellowship to govern itself by principles rather than personalities. We are a society of peers. We strive to make known our program of recovery, not individuals who participate in the program. Anonymity in the public media is essential to all A.A.s, especially to newcomers, that their A.A. membership will not be disclosed. (OVER)

#### AA At A Glance

A single DL flyer printed on both sides. AA At A Glance is significant because it tells people what AA *doesn't* do. It also answers questions about membership, how AA is funded, why AA is anonymous and how it was started. It invites the reader to contact local AA if they have a drinking problem



#### It Happened To Alice And What Happened To Joe

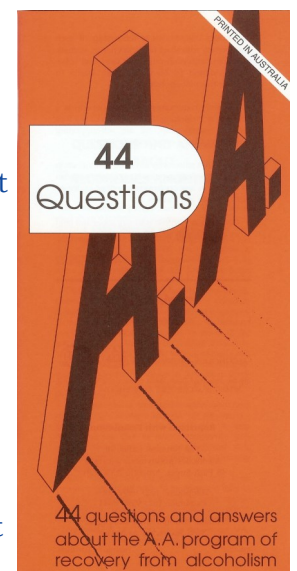
These two brochures are presented in a comic strip format. Even though there is some text, it can provide people who have trouble with literacy an opportunity to access AA's message of hope. "Too Young" and "A Message to Teenagers" are printed in a similar format and are very useful for young people who may be put off by large amounts of text.

#### 44 Questions

Presented as a booklet, 44 Questions goes a bit more in-depth about what Alcoholism is, the whole concept of Day At A Time, the fellowship of AA and touches briefly on the 12 Steps. This brochure is typically helpful for people who have further questions about AA, and indeed, professionals who may want to better acquaint themselves with the program of AA. A very useful tool for broader information about AA.

AA has many other brochures including specific ones for Armed Forces, Gay and Lesbian, Older Alcoholics and Women.

Contact your nearest AA office for more details.



**Print this and keep it in your desk drawer**

## **AA offices in Australia**

### **South Australia**

**Adelaide** Room 120, 38 Gawler Pl,  
Adelaide 5000.

Bus (08) 8227 0046,  
A/H (08) 8227 0334.

### **New South Wales**

**Sydney City** The Crypt, 17 Adelaide  
Street, Bondi Junction. Bus.  
(02) 9389 6333

24 hrs. (02) 9387 7788  
PO Box 478, Bondi Junction 2022 .

**Northern Sydney** Kuringai Community  
Groups Centre, cnr Mona Vale &  
Rosedale Rds. St Ives 2075  
Bus (02) 9488-9805  
24 hrs. (02) 9488 9820  
PO Box 151 St Ives 2075

**Ballina** 7 Martin St Ballina  
(02) 6686-8599  
PO Box 930 Ballina 2478

**Blue Mountains & Western Sydney**  
24 hrs 0428 160 457  
PO Box 4141, Winmalee. NSW 2777

**Byron Shire District** AA 12 Step Phone  
Line: 1800 423 431 or 0401 945 671  
(24hrs)

**Gosford** William Court 6/12 William St.  
Gosford,  
Phone (02) 4323 3890  
PO Box 46 Gosford 2250.

**Hawkesbury District**  
Contact (02) 4588 6172

**Newcastle** Greater Newcastle District  
Office. 24 hrs (02) 4964 1555.  
PO Box 196, Jesmond 2299

**Southern Highlands**  
(02) 8250 7318 [www.aash.org.au](http://www.aash.org.au)

**Wagga Wagga District**  
Phone 0423 557 750  
PO Box 8715, Koorinal 2650.

**Wollongong** 114-116 Princes Highway,  
Upstairs cnr. Elliott Road,  
Fairymeadow. 2519.  
Phone (02) 4285 6788

### **ACT**

**Canberra** Grant Cameron Community  
Centre, 27 Mulley Street, Holder, ACT  
(02) 6287 3020. PO Box 3898,  
Weston, ACT 2611

### **Queensland**

**Brisbane** Annerley City Library Annexe,  
450 Ipswich Road, Annerley. 4103.  
12 Step: (07) 3255-9162  
Office Tel (07) 3255-9962  
PO Box 299, Annerley, D.C. 4103

**Buddina** Kawana Community Centre 86  
Undarra St., Buddina 24 hrs. (07) 5444  
8616, PO Box 1018 Buddina QLD 4575

**Cairns** Suite 18, First Floor, Crangold  
Building, 129A Lake Street. Phone (07)  
4051-2872. PO Box 2089 Cairns CBD  
4870

**Gladstone** 24 hrs. 0419 725 287

**Gold Coast** Community Centre Lawson  
St Southport.  
(07) 5591 2062 PO Box 2061 Southport  
4215.

**Hervey Bay** 9am – 9pm 0458 408 921

**Mackay** Contact (07) 4953 1742

**Maryborough** 9am – 9pm 0438 169 764

**Nambour** Burnside Scout Hall, 1  
10 Perwillowen Road, Nambour. Phone  
(07) 5476 2166.  
PO 4636 Sunshine Coast MC 4560.

**Rockhampton** (07) 4927 4416

**Townsville**  
1 Charters Towers Road. 4810.  
Phone (07) 4771 5411  
PO Box 1443, Townsville.

### **Victoria**

**Prahran 12 Step Office**  
24 hrs. (03) 9529 5948  
[www.aamelbourne.org.au](http://www.aamelbourne.org.au) in-  
fo@aamelbourne.org.au

**Melbourne North/West Intergrupp**  
Phone 0419 610 025

**Ballarat District** 24 hr 0429621594  
24hr.  
[aread.org.au/districts/ballaratdistrict](http://aread.org.au/districts/ballaratdistrict)  
PO Box 1332 Bakery Hill 3354

**Bendigo District**  
24 hours (03) 5435 3167  
Website: [www.aabendigo.org.au](http://www.aabendigo.org.au)  
PO Box 121, Golden Square, Vic 3555

**Geelong** (03) 5229 1710.  
PO Box 914, Geelong 3220

**Mornington Peninsula District**  
1300 880 390  
PO Box 379, Mornington Vic 3931

### **Shepparton District**

(03) 5831-6742. PO Box 232,  
Shepparton, 3632.

**Hobart** Room 18, 2<sup>nd</sup> Flr, McDougall  
Building, Ellerslie Road, Battery Point,  
Hobart. Phone (03) 6234 8711. PO Box  
317, Hobart 7001

**Launceston** Contact (03) 6334 7060.  
PO Box 350 Launceston 7250

### **Northern Territory**

**Darwin** Nightcliff Community Centre,  
Bauhinia Street, Nightcliff. NT 0810.  
(08) 8948-5202.  
PO Box 40760 Casuarina 0811.

### **Alice Springs**

24 hrs. phone (08) 8953 0802 ( )  
(08) 8955 0031,  
(08) 8955 0628

**Katherine** Phone 0427 712 443.

### **Western Australia**

**Perth** Room 2, Claisebrook Lotteries  
House 33 Moore St East Perth 6004.  
Phone (08) 9325 3566;  
(08) 9325 3209.

### **General Service Office Of Alcoholics**

### **Anonymous Australia**

48 Firth Street, Arncliffe. 2205 Phone  
(02) 9599-8866.  
email: [gso@aa.org.au](mailto:gso@aa.org.au)  
Website: [www.aa.org.au](http://www.aa.org.au)

*Would you be interested in  
having an A.A. presentation at  
one of your professional  
gatherings? Or would you like  
information about recovery from  
alcoholism in A.A.? If so, please  
contact*

**General Service Office of AA**  
**48 Firth St Arncliffe 2205**  
**Ph: 02 95998866**  
**Fax: 02 95998844**  
**Email. [gso@aa.org.au](mailto:gso@aa.org.au)**  
**Website: [www.aa.org.au](http://www.aa.org.au)**

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