

#### Consider this:

Do you remember the night of your last drink?

**WHAT IF** you decided to do something about your drinking, BUT there was no information anywhere!

You asked your Doctor, as I did, and he did not have an answer,

You asked your Counsellor, sorry no info, except to try to get into a Detox for 7 days

You searched likely places for pamphlets ...... No luck , there had been some but they ran out a couple of years ago

Finally, you check the Net , and find a phone number , thank god someone answered it !! Help was at hand

How much easier and more comfortable would it have been to have been able to have an informed discussion with your health professional, or counsellor? To be able to get some information you could take home and read in privacy? Perhaps a list of local meetings and what happens at them

There is such a lack of correct information out there in the Public Domain, and it is our responsibility to change that .!

Let's make sure that by the end of 2016, AA is SEEN in our locality .

COMMUNICATION + WILLINGNESS + ACTION = RESULT!

#### Some available PI tools



Many members and groups have found the 1300 number, and meeting cards invaluable tools for PI and CPC





The beauty of these cards is that they can be left anywhere in Australia, and still supply the information needed. I keep them in my bag, and my car, and leave them everywhere. Coffee shops, planes, taxis, waiting rooms, in fact anywhere where people gather

We (Our district) have them printed by Vistaprint, and usually order them 1000 at a time, and distribute to groups, and members.

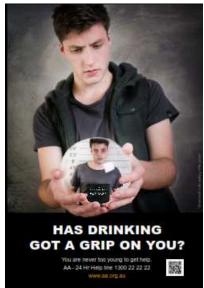
I can send the electronic template for both if you want them, just e-mail me

#### **Posters**

We have 2 new posters developed by young members for young members, these were approved at the last conference, a terrific effort by young members from Victoria.

We also, of course have the packs of posters, very cheap, from GSO or your local CSO. These are ideal for community notice boards, shops, and Drs Surgeries





These are the 2 Posters developed by our young members, for the young people



The best PI tool any of us have, is our Gratitude and willingness. If every member devoted just ONE hour per week to PI and CPC, imagine how visible AA could be?

So let's make a concerted effort this year, we all have gifts, let's use them





Come and join us as we carry the message to the people of Fiji

Registration is <u>PRE</u>
convention at the
Website below



Website: www.aanatcon.org

email: fijicon2016@aa.org.au

Register online!



HUGE PI and CPC Day on the Thursday, with local Dignitaries and Medical and Professional people

Friday and Saturday, AA and Alanon meetings, with International speakers from Solomon Islands, Sweden, USA

A night of dancing and feasting under the stars!



#### **Interactive SECRET National PI & CPC page**

It is now over a year since we opened the PI Page on Face Book, we have 97 active members, and I like to think it has promoted a bit of UNITY among the PI people there

The room can only be joined by invitation, either by e-mail, or as "Face Book Friends"

If you would like to join you can either e-mail me @

aanationalpi@gmail.com

OR

"Friend" me on FB and I wil add you when requested

This page is ONLY for PI related matters, questions, ideas, and Initiatives successful or not, there are other rooms for other AA business,

Pics of your PI activities are very welcome

**COME & JOIN THE LIVELY DISCUSSION & SHARE YOUR IDEAS** 

Rule 62
Don't take yourself too
seriously!

THE HUMOUR HUB

Why did God create man before woman?

Because you're always supposed to have a rough draft before creating your masterpiece.



It's strange how 8 glasses of water a day seems impossible but 8 glasses of wine can be done in one meal.







# Know your CSO

If you would like to spread the news about **YOUR CSO**, , here is the place to do so !

12 Step Offices, and CSOs are a vital support for the Groups they serve, and

Here is an opportunity to get the news out there!

If you would like to highlight what you do, and the service you offer, e-mail information and pics to

aanationalpi@gmail.com

By the 15th of next month and we will publish it here

## PI Tip of the Month

- A lot of PI and CPC work is about developing relationships
- Many of us have found that a personal approach works best, as opposed to letters or emails, which are often discarded, unread
- Timely follow up is essential, often just a phone call or e-mail to offer further literature, answer any questions ect . 3 monthly intervals seem to work well
- Be reliable. Make appointments and keep them
- Reply to e-mails as soon as possible, even if it is just to acknowledge receipt of them.
   This is very important, and displays a professional attitude
- Arrive at appointments on time, well prepared and dressed appropriately
- Have the relevant literature, Power Point, or what ever the person has requested ready, and be able to answer any questions they may have. Offer speakers for their staff meetings and Big Books for their staff library

#### Some PI Tools developed by members which I can send electronically

- "AA Basics" a one page 2 sided A4 sheet, suitable for non AA members, what we DO and what we DON'T do
- PI yearly planner—suitable for Groups, or Districts, Areas or individuals with a PI Plan
- **Updatable National Planner**—handy to see what dates are filled ect . Shared from Dropbox, and you can add your own activities
- Templates for various letters to Community members
- Templates for 1300 cards and meeting cards with the gr code
- Check lists for those participating in Public exhibitions, trade fairs ect
- Information re available literature
- Notes and format for "Talking at Schools" (generously shared by Peninsula District)
- Newsletter for Professionals—April and September
- Various Power Point Presentations, some generously shared by members who made them, and some of my own
- Radio Ads both in mp3 and Wave form (compliments of a very generous member)
- TV ads
- Newspaper ad used by Area D—SR
- Some Aboriginal Postcards and stickers

If you would like any of these, e-mail me at <a href="mailto:aanationalpi@gmail">aanationalpi@gmail</a>, with Literature in the subject line, and I will send you a link to give acess to what ever you need

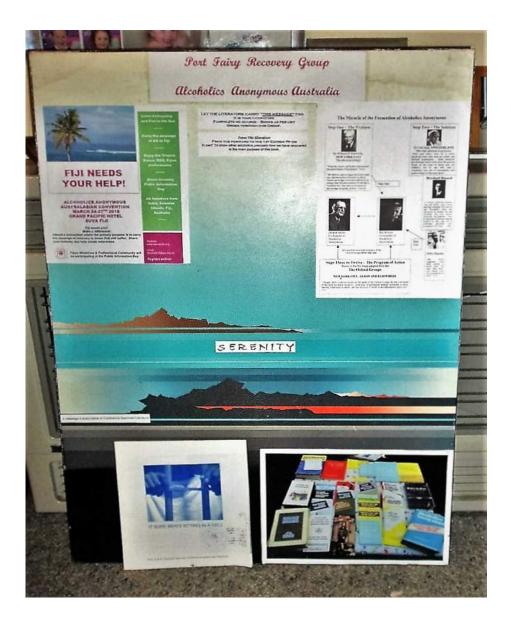
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## **DISTRICT DOINGS**

### **Port Fairy Recovery Group**

Many thanks
Jim S

Attached, picture of our new Noticeboard to go on Literature table. Tonight marks our first visit to another group. as the result of our secretaries initiative, the group conscience decided to visit all groups in the south west, one each month.



I found the board at the recycling depot and added bits and pieces and can add or replace bits from CAL.

Photo lower left was a display at a Mental Health Week at Portland. also leaflets on the table.



**Does your Group have a notice board?** 

## **DISTRICT DOINGS**

#### Area D—SR

Area D—SR is about to hold their 2nd PI Sub Committee Meeting, to discuss fund raising

Area D Public Information Sub Committee Meeting

Sunday 14th February 2pm - 4pm

**5** Gaye Court

Hoppers Crossing.

All Welcome. If you are excited about Public Information but not too sure how you can help.

If you have any great fund raising ideas come along and share them with us.

If you would like any further info feel free to call me

Yours in Service

Rhonda R 0439668212

#### Result of e-mail inquiries on the National Website

We are about to have our second presentation to the trainee Doctors from overseas, at the Matt Christie Institute. We had very positive feedback from our first effort in 2015, and will now be presenting information about AA every 6 weeks during 2016.

We used a Power point presentation specifically made for non AA Members, and Blue literature wallets with literature that Matt had selected at our first appointment

An e-mail request for information led to a phone call to an **Aged Care Facility** here in Melbourne, and a member from Glen Waverly has kindly offered to visit with required help