

National PI/CPC Patter December 2022



The National PI/CPC Patter is a Newsletter with some of the PI/CPC news and service from around AUST.AA



PI Sign Arterial Rd. Ballarat

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The goal of AA Public Information and Co-operation with the Professional Community (PI&CPC) is to carry the message to the alcoholic who still suffers. This is achieved in two ways, through informing the general public about the AA programme and through reaching "the third person", whose work is or may be involved with the active alcoholic

Science review finds merit in AA methods for sobriety

A globally respected medical review has found Alcoholics Anonymous helps more people achieve sobriety than standard treatments for alcoholism.

Such is the importance of the review, that AA in Gympie has launched a public information campaign aimed initially at local medical professionals, court personnel and community and church leaders.

The Cochrane Review, which is the global gold standard in medicine for the integration of all the available research about a particular intervention, was co-authored by peers at the Stanford School of Medicine, Harvard Medical School and the European Monitoring Centre for Drugs and Drug Addiction.

Among its conclusions is that Alcoholics Anonymous is the most effective path to abstinence.

A spokesperson for AA's Public Information Committee said, "We of AA in the Gympie area are very keen to spread the exciting news contained in this Cochrane Review, particularly among medical professionals, some of whom may understandably have dismissed AA in the past for want of science-based evidence of its effectiveness.

"Fortunately such reservations are no longer an issue as they are effectively addressed by this review".

The campaign includes writing to medical practitioners and others in order to draw their attention to the Review and includes a memory stick containing a 15-minute video featuring the co-authors explaining the Re-



Dr John Kelly is one of the authors of the Cochrane Review, that has concluded Alcoholics Anonymous is the most effective path to abstinence.

view and its conclusions.

The letter appeals to recipients to consider suggesting to people with alcohol use disorder that AA may be worth investigation as part of a recovery program.

The letter includes Gympie AA flyers which contain names and contact numbers for the various AA Groups in Gympie.

Interested parties can access the video on Youtube by searching for 'Does Alcoholics Anonymous work' in the platform's search bar, or go to www.cochrane.org for the full review findings.

Today AA has a presence in about 180 nations and membership is estimated at more than two million.

There are more than 123,000 AA groups worldwide, and AA literature has been translated into more than 100 languages.

The fellowship is 87 years old and has existed in Gympie for 67 years.

There are five AA groups that meet in Gympie regularly:

- AA Recovery Group which meets 4.30pm Saturdays in the Uniting Church Hall, 15 Red Hill Rd, Gympie. Contact Clare on 0411 297 147 or Tony on 0411 137 766.
- AA Big Book Steps Meeting which meets 5.30pm Mondays in the community hall, corner Pine and Myall Streets, Gympie. Contact Therese on 0411 121 554 or Rick on 0412 224 666.
- AA Big Book Study Group which meets 9.30am Tuesdays at the Salvation Army Complex, 42 Stumm Rd, Southside. Contact Laurie on 0417 796 855 or Michael on 0419 735 292.
- AA ID Group which meets 8pm Thursdays at Community Place, corner Excelsior and Stanley Streets, Gympie. Contact Trevor on 0431 405 339 or Maree on 0419 837 798.
- Gympie also hosts the Gympie Goldfields Friday night zoom meetings at 7pm. Connect via the aa.org.au website and click on Online Meetings, or contact Andrew on 0491 646 598 for help with connecting via a device or mobile phone.

There are no dues or fees for AA membership, the only requirement is a desire to stop drinking.

Gympie, QLD. Today Article on The Cochrane report and Science findings of AA Success rate by Dr John Kelly

In SA the Regional Trustee has just rotated out of the Police Academy - it has been on going for over 20 years with each new group of cadets exposed to AA through experienced members

In Macarthur NSW, Posters, Phamplets and AA get distrubeted to medical, D & A, youth , mental Health, the back AA cards have a local meeting list and a Facebook page that they post and Signs on Narellan road

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Brisbane North District continue to put up posters on noticeboards, laundromats , build Rapports with ambos, doctors and the police and have been undertaking a massive radio and newspaper campaign, very exciting stuff

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2 Groups, Western Unity & Steps in Sneddon
have chipped into run these adds on 24 LED
Billboards, they are alternating male and female
posts every day
They are also putting posters and business cards
at doctors , noticeboards and churches
NWIG are running Facebook stories and posts
using the same images which can be found on
the AA service website
Very Well Done

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Packs went out to 25 police Stations in Ipswich QLD.



29 Moore street
Glenbrook



80 Glenbrook road
Glenbrook

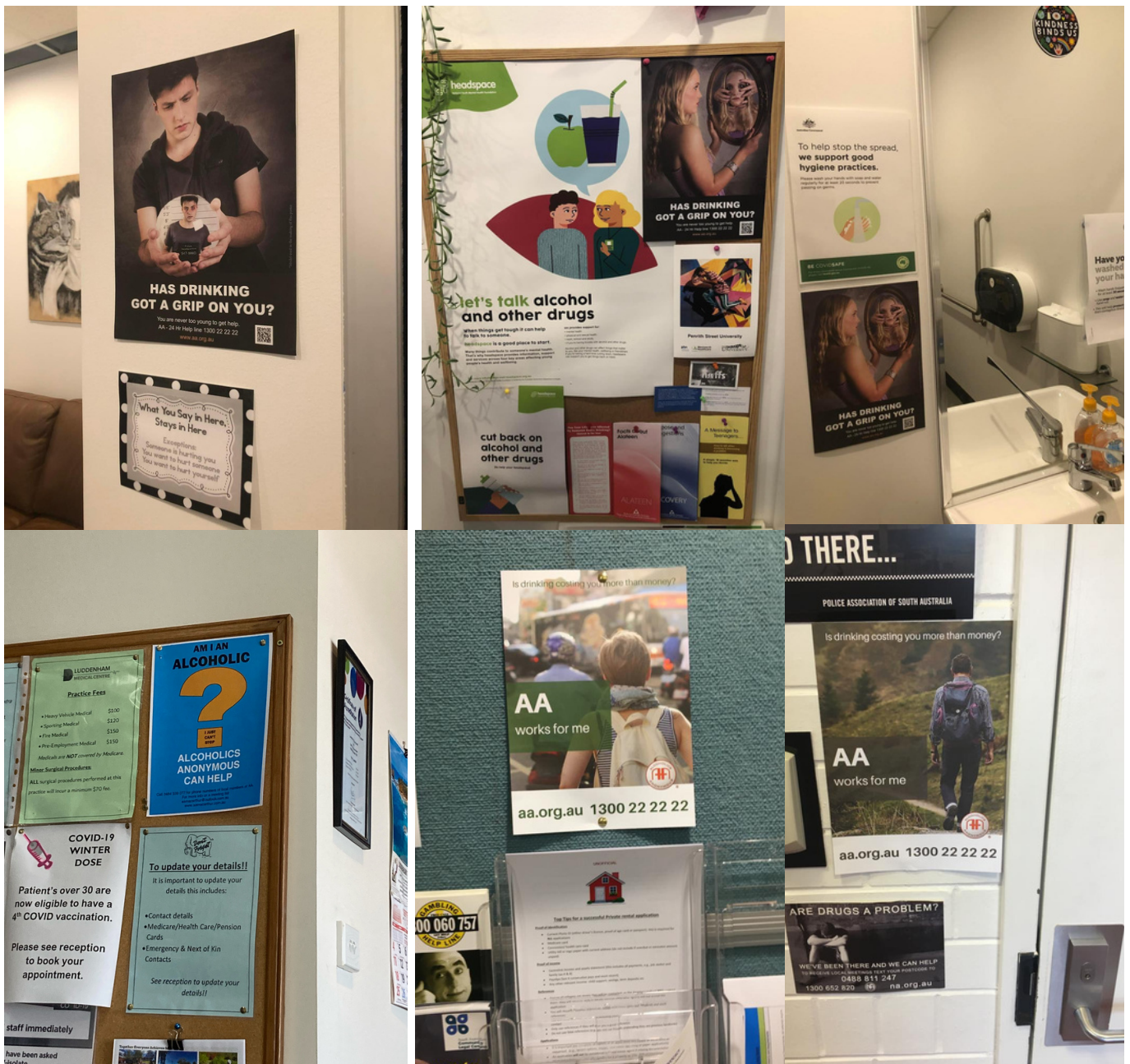


EUROKA Child Care
Blaxland

Street Library containing Big Books - Blaxland and Glenbrook, NSW

Group cards with the AA Number and website are put in the front
Great idea!!!

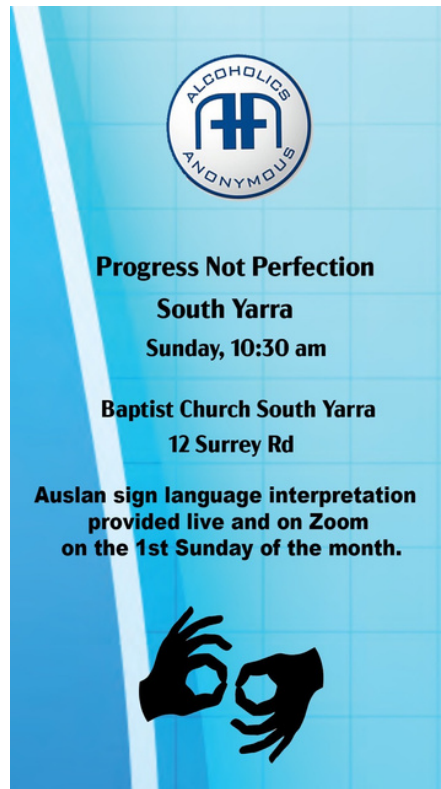
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Posters Headspace Katoomba , Ludenham, NSW
SA Housing and Salsibury Police Station

New AA Website was launched on the 16th of December
by Lachlan B - our GSO Trustee who has just rotated out
and continues the work for AA
Great Stuff !!!!

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Zoom ID- 394896349

PW - 992668

https://meetings.aa.org.au/meetings/progress-not-perfection-south-yarra-sunday/?fbclid=IwAR3ZJet_MyIsiguo8-aRbNZNE7BqioOwEKfeOn9M7GhoC9oYLObLQWHtrFk

Please pass on details to all groups

Shanty Creek is a isolated indigenous Community in Far N/E QLD

They meet every Thursday night with limited 7th Tradition.

They have set up a AA Bookshelf Library monitored by the Group

Donations of Literature, Books, Tapes, DVD's, CD's, Files or

Funds can be sent to:

Shanty Creek Group, PO BOX 1119, Tolga, QLD 4882.

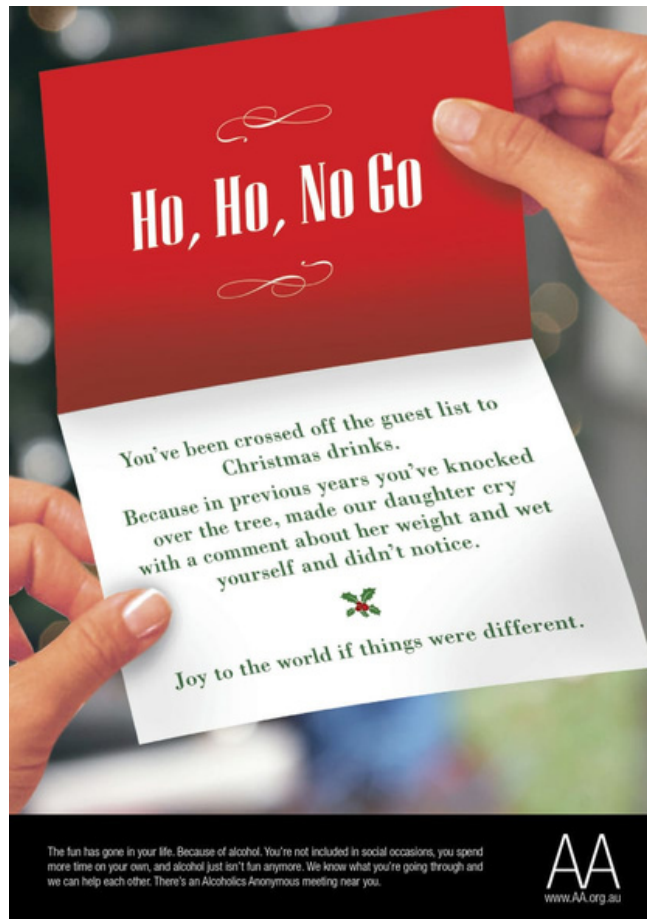
shantycreekaa@gmail.com

BSB - 633000

A/C - 163268212

Receipts will be sent if email address provided

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Have a great Christmas and stay safe
in the holiday season and keep
trudging the road to a happy destiny

All of AA is voluntary , no one is paid for their 12 step work or Service, it is for our own recovery we take the steps and pass on, AA service is our chance to repay what we have been given, if anyone wants information and wishes to know more please contact myself at aanationalpiandcpc@gmail.com or your Local CSO, District or Area

In Unity and Service ,
Rob C
National PI/CPC Coordinator